

**2024 MSABC Provincial Championships****April 19-21, 2024**

Sanctioned by Swim BC: # 41426

<b>HOSTS</b>	White Rock Wave
<b>VENUE</b>	Grandview Heights Aquatic Centre 16855 24 <sup>th</sup> Avenue, Surrey, B.C. 604-590-7800 Free parking and day lockers are available
<b>POOL</b>	10-lane competition pool w/Colorado timing 4-lane warm-down pool
<b>MEET MANAGERS</b>	Craig Slater Linda Stanley Wilson
<b>MEET CONTACT</b>	<a href="mailto:wrwaveinfo@gmail.com">wrwaveinfo@gmail.com</a>
<b>MEET REFEREE</b>	Barry Parish
<b>CHECK-IN</b>	Please visit the check-in desk located in the pool lobby. Welcome bags and pre-purchased banquet tickets will be provided at the time of check-in.
<b>CHECK-IN DESK HOURS</b>	Friday: 3:00 pm - 6:00 pm Saturday: 8:00 am -10:00 am Sunday: 8:00 am - 10 am
<b>MSABC AGM</b>	The MSABC AGM will be held approximately 30 minutes after the final event on Saturday, April 20, in the room adjacent to the pool deck.

**WARM-UP & SESSION TIMES**

Date	Warm-Up	Competition
Friday, April 19	4:00 - 4:45 pm	5:00 pm
Saturday, April 20	9:00 - 9:45 am	10:00 am
Sunday, April 21	9:00 - 9:45 am	10:00 am

**SAFE SPORT**

All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both "open" and "observable" to others.

**ELIGIBILITY**

- All swimmers must be registered with a Swim BC, SNC, or other WORLD AQUATICS-recognized club.
- Proof of registration may be required for International Masters swimmers.
- Age groups for individual events will be: 18-24, 25-29, 30-34, 35-39, etc. (five-year age group increments).
- The swimmer's age is as of December 31<sup>st</sup>, 2024.
- The meet will be limited to 300 swimmers. Entries will be considered on a first-come-first-serve basis.

## ENTRIES

- Swimmers are limited to a maximum of **seven** individual entries plus relays.
- Swimmers must submit an entry time for each event. Entries with NT will not be accepted.
- **EARLY BIRD REGISTRATION:** Meet fees are \$100 per swimmer or for relay entry only. Available until March 24, 2024, at 11:59 pm.
- **GENERAL REGISTRATION:** Meet fees are \$110 per swimmer or for relay entry only. Available until April 7, 2024, at 11:59 pm.
- **REGISTRATION:** Only online registration through the Swimming Canada website will be accepted. No late or deck entries will be accepted. [Online Entry Link](#)
- Requests to change an individual race entry time received after April 7, 2024, will not be accepted.
- **PAYMENT INFORMATION:** please eTransfer the fee to [wrwavemeet@gmail.com](mailto:wrwavemeet@gmail.com) upon completion of your event entry. Indicate the swimmer name(s) and club code in the message body of the etransfer.  
For alternative payment methods, send an email to [wrwavemeet@gmail.com](mailto:wrwavemeet@gmail.com).
- All meet fees must accompany entries. No refunds.
- **RELAY DEADLINE ENTRY:** April 12, 2024 at 5:00 pm.
- Psych Sheets will be sent to participants as soon as they become available.
- Heat Sheets will be posted on the Wave Provincial website ([www.whiterockwave.com/provincials](http://www.whiterockwave.com/provincials)) no later than April 17, 2024. Heat sheets will also be sent to participants no later than April 17, 2024.

## GENERAL MEET RULES

- This meet will observe the World Aquatics Technical Rules as outlined in the current World Aquatics Masters Rulebook. Additionally, starts shall be permitted from Starting Platforms (blocks) as per World Aquatics FR 2.3 and SW 4.1.
- Swim BC Competition Safety Warm-up Procedures will be in effect.
- All swimmers are permitted to race with swimwear of their choosing at all competitions sanctioned by Swim BC. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.
- All events will be swum as **timed finals**.
- Events will be swum slowest to fastest with all age groups and genders swimming together.
- In the results, swimmers will be separated into the different genders and age groups.
- Meet management reserves the right to reduce the number of entries for all events if the meet timelines do not fit a reasonable time frame. Clubs/swimmers will be notified in advance and will have 24 hours to re-submit entries if needed.
- Coaches are asked to check in with the Clerk of Course immediately upon arrival to pick up Meet Info packages and receive information regarding any changes.
- Any act of theft, vandalism, or similar action will result in immediate disqualification from the meet.
- All participants are to respect the facility rules, including no deck changing and no outside shoes on deck.

## 1500/800 FREESTYLE

There will be a limit of **40 entries** for these events (4 heats). Mandatory in-person positive check-in for the 1500 Freestyle event closes at 4:30 pm, April 19, 2024, at the Clerk of the Course desk. Mandatory in-person positive check-in for the 800 Freestyle event closes at the conclusion of event 15 on Saturday, April 21, 2024, at the Clerk of the Course desk. Swimmers not checking in in-person for the 1500 and 800 freestyle events will be removed from the events at the above respective deadline times.

## RELAYS

1. Relay team entry deadline is April 12, 2024 at 11:59 pm. Each club must complete a relay form for each team entry and event. Forms are available in the Meet Package. Please email the completed relay forms to the Meet Manager ([wrwaveinfo@gmail.com](mailto:wrwaveinfo@gmail.com)) and bring a copy with you to the meet.
2. The women's, men's, and mixed relay events may be combined. Swimmers may only swim either on the men's, women's, or mixed team in each relay event.
3. Relay name changes and/or scratches may be submitted each day no later than 30 minutes prior to the start of the session in which the relay event will be swum.
4. No swimmer may swim more than once in any relay event.
5. Mixed relays must be composed of two females and two males from the same club or affiliation.
6. Age groups for relay events will be: 72-99, 100-119, 120-159, 160-199, 200-239 (forty-year increments as high as necessary).

## SCORING

**Individual:** 20 - 17 - 16 - 15- 14 - 13 - 12 - 11

**Relay:** 40 - 34 - 32 - 30 - 28 - 26 - 24 - 22

## AWARDS

Lapel pins will be awarded to the 1st, 2nd, and 3rd place finishers of individual events in each age group. Lapel pins will be awarded to the 1st place relay in each age group. Awards must be picked up at the awards desk located on the pool deck. Awards will not be mailed.

## RESULTS

Meet results will be posted on the pool deck throughout the meet. Results will also be posted on the MSABC and Wave websites after the meet.

## RECORDS

Please submit an electronic copy of the record attempt forms when you submit your relay entries. Additionally, bring a hard copy of the record attempt forms to the Clerk of Course at least 30 minutes prior to the start of the meet on the day on which the event is scheduled. World Record attempts also require a World Aquatics form to be completed and submitted (both forms are attached to the meet package).

## AWARDS BANQUET

Saturday, April 20, 6:00 to 10:00 pm

Elgin Hall

14250 Crescent Road

Surrey, B.C. V4P 1M3

## CATERED DINNER MENU

Vegetable + dip platter

Vegetarian Pasta Dish

Medley of Vegetables

Charcuterie Platter

Roasted Chicken

Artisan buns

Choice of 3 salads

Rice Pilaf

Dessert Platter & Coffee Service

Tickets are \$30.00 per person, paid for at registration.

Indicate your name in the transfer, and transfer to [wrwavemeet@gmail.com](mailto:wrwavemeet@gmail.com).

Banquet tickets can be picked up at the check-in table in the pool lobby. Maximum seating is 140 attendees. Extra tickets can be purchased during the meet (if there are any still available), cash only. Alcohol will not be available at this venue.

## ACCOMMODATIONS

**Ocean Promenade Hotel** (<https://oceanpromenadehotel.com/>)

15611 Marine Drive, White Rock, B.C.

604 542-0102/1-888-976-2326

Ask For: Masters Swim Provincials Rate

Deluxe 2 Queen Room

\$159.00

Deluxe King Room

\$179.00

Deluxe King Room

\$179.00

King Studio Suite

\$ 199.00

One Bedroom Suite

\$ 249.00

FRIDAY, APRIL 19

WARM-UP 4:00 - 4:45 PM		SPRINT/DIVE LANES OPEN 4:30 PM		COMPETITION STARTS 5:00 PM	
EVENT NUMBER		EVENT			
1		1500 Freestyle			
15 MINUTE BREAK *					
2		200 Breaststroke			
15 MINUTE BREAK *					
3		400 Freestyle Relay—Mixed			
4		400 Freestyle Relay—Female			
5		400 Freestyle Relay—Male			

SATURDAY, APRIL 20

WARM-UP 9:00 - 9:45 AM		SPRINT/DIVE LANES OPEN 9:30 AM		COMPETITION STARTS 10:00 AM	
EVENT NUMBER		EVENT			
OPENING CEREMONIES					
6		400 Freestyle			
15 MINUTE BREAK *					
7		100 Backstroke			
8		200 Butterfly			
9		200 Medley Relay—Mixed			
10		200 Medley Relay—Female			
11		200 Medley Relay—Male			
30 MINUTE BREAK *					
12		100 Breaststroke			
13		50 Freestyle			
14		200 IM			
15		50 Backstroke			
16		800 Freestyle Relay—Mixed			
17		800 Freestyle Relay—Female			
18		800 Freestyle Relay—Male			

SUNDAY, APRIL 21

WARM-UP 9:00 - 9:45 AM		SPRINT/DIVE LANES OPEN 9:30 AM		COMPETITION STARTS 10:00 AM	
EVENT NUMBER		EVENT			
19		800 Freestyle			
15 MINUTE BREAK *					
20		100 Butterfly			
21		200 Backstroke			
22		100 IM			
23		200 Freestyle			
24		200 Freestyle Relay—Mixed			
25		200 Freestyle Relay—Female			
26		200 Freestyle Relay—Male			
30 MINUTE BREAK *					
27		50 Butterfly			
28		400 IM			
29		50 Breaststroke			
30		100 Freestyle			
31		400 Medley Relay—Mixed			
32		400 Medley Relay—Female			
33		400 Medley Relay—Male			
*The Meet Manager reserves the right to adjust the timing & length of the breaks based on the progress of the meet.					

## SCHEDULE OF EVENTS

## Masters Relay Entry Forms

Event #:	200 / 400	Free / Medley	Men / Women / Mixed	Age Group:	Entry Time:
Club:			Club Code:		
Swimmer			Age		Swimmer
1.				3.	
2.				4.	
Total Age:					
Event #:	200 / 400	Free / Medley	Men / Women / Mixed	Age Group:	Entry Time:
Club:			Club Code:		
Swimmer			Age		Swimmer
1.				3.	
2.				4.	
Total Age:					
Event #:	200 / 400	Free / Medley	Men / Women / Mixed	Age Group:	Entry Time:
Club:			Club Code:		
Swimmer			Age		Swimmer
1.				3.	
2.				4.	
Total Age:					
Event #:	200 / 400	Free / Medley	Men / Women / Mixed	Age Group:	Entry Time:
Club:			Club Code:		
Swimmer			Age		Swimmer
1.				3.	
2.				4.	
Total Age:					
Event #:	200 / 400	Free / Medley	Men / Women / Mixed	Age Group:	Entry Time:
Club:			Club Code:		
Swimmer			Age		Swimmer
1.				3.	
2.				4.	
Total Age:					

## BC, CANADIAN, & WORLD RECORD APPLICATION FORM

BC Record

Canadian Record

World Record

Distance: \_\_\_\_\_ Stroke: \_\_\_\_\_ Pool Length: 25 metres \_\_\_\_\_ 50 metres \_\_\_\_\_

Official Time: \_\_\_\_:\_\_\_\_.\_\_\_\_ Event # \_\_\_\_\_ Date of Swim \_\_\_\_\_ (yy/mm/dd) Sanction # \_\_\_\_\_

Electronic: \_\_\_\_:\_\_\_\_.\_\_\_\_ Manual: 1) \_\_\_\_:\_\_\_\_.\_\_\_\_ 2) \_\_\_\_:\_\_\_\_.\_\_\_\_ 3) \_\_\_\_:\_\_\_\_.\_\_\_\_ **Time**

**cards and/or Electronic Tape must be attached.**

Swimmer's Name: \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Swimmer's Address: \_\_\_\_\_ City, Province \_\_\_\_\_

Postal Code \_\_\_\_\_ Birthdate (yy/mm/dd) \_\_\_\_/\_\_\_\_/\_\_\_\_ Age (as of Dec 31) \_\_\_\_\_

Name of Club: \_\_\_\_\_ Club Code \_\_\_\_\_

Location of Meet: \_\_\_\_\_ Name of Pool \_\_\_\_\_

### RELAY EVENT:

Team Name: \_\_\_\_\_ Club Code \_\_\_\_\_

AGE GROUP: \_\_\_\_\_

☐ Name: \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_ Birthdate: \_\_\_\_/\_\_\_\_/\_\_\_\_ (yy/mm/dd)

☐ Name: \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_ Birthdate: \_\_\_\_/\_\_\_\_/\_\_\_\_ (yy/mm/dd)

☐ Name: \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_ Birthdate: \_\_\_\_/\_\_\_\_/\_\_\_\_ (yy/mm/dd)

☐ Name: \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_ Birthdate: \_\_\_\_/\_\_\_\_/\_\_\_\_ (yy/mm/dd)

**Certifying Official:** Name \_\_\_\_\_ Date \_\_\_\_\_ Signature \_\_\_\_\_

Referee OR Chief Timer: \_\_\_\_\_

Provincial Recorder: \_\_\_\_\_

The record application form and required paperwork must be submitted to Swimming Canada by email at [natloffice@swimming.ca](mailto:natloffice@swimming.ca) within 7 days of performance.

World Aquatics: please use the WA form \_\_\_\_\_ Date \_\_\_\_\_ Signature \_\_\_\_\_

Ratification: Yes \_\_\_\_\_ no \_\_\_\_\_

Reason for non-ratification: \_\_\_\_\_

### **WORLD RECORD ONLY:**

☐ Copy of Birth Certificate or Passport Attached \_\_\_\_\_ or on file \_\_\_\_\_

☐ Pool Length Certification Attached \_\_\_\_\_ or on file \_\_\_\_\_

**MASTERS SWIMMING WORLD RECORD APPLICATION FORM**

**NOTE: World Records can only be established in a Masters meet per World Aquatics Rule MSW 5.3.**

- 1 STROKE ..... DISTANCE ..... ☐ Male ☐ Female ☐ Mixed (Check One)
- 2 OFFICIAL TIME .....min.....sec.....sec/100 3) AGE GROUP .....
- 4 POOL LENGTH (Check One) ☐ Short course (25m) ☐ Long course (50m)
- 5 LOCATION OF OFFICIAL AUTHORIZED MASTERS MEET and DATE OF SWIM

.....  
Pool Name City Country Date Of Swim (Name Month)

- 6 CONFIRMATION OF POOL LENGTH BY A RESPONSIBLE PERSON: (Check One) ☐ Attached ☐ On File
- 7 NAME OF SWIMMER ..... ☐ M ☐ F .....  
First Name / Last Name Sex (Check One) Age Date of Birth (Name the Month)

- |   |  |   |       |                            |
|---|--|---|-------|----------------------------|
| 8 | RELAY TEAM NAMES – In order of competing | (Check One)   | Age   | Date of Birth (Name Month) |
| 1 | .....                                    | <input type="checkbox"/> M <input type="checkbox"/> F | ..... | .....                      |
| 2 | .....                                    | <input type="checkbox"/> M <input type="checkbox"/> F | ..... | .....                      |
| 3 | .....                                    | <input type="checkbox"/> M <input type="checkbox"/> F | ..... | .....                      |
| 4 | .....                                    | <input type="checkbox"/> M <input type="checkbox"/> F | ..... | .....                      |

- 9 COPY OF BIRTH CERTIFICATE OR PASSPORT (Check One) ☐ ATTACHED ☐ ON FILE
- 10 CLUB NAME: ..... FEDERATION: .....
- 11 PRIMARY ELECTRONIC TIME: .....min.....sec.....sec/100
- 12 BACKUP SEMI-AUTOMATIC TIMES (needed if primary system fails SW 12.7)
- (1).....min.....sec.....sec/100 (2).....min.....sec.....sec/100 (3).....min.....sec.....sec/100
- 13 A COPY OF THE TIMING SYSTEM PRINTOUT MUST BE ATTACHED

- |    |  |
|----|--|
| 14 | CERTIFYING OFFICIAL–All World Aquatics Rules were followed including the use of a legal swimsuit (SW 12.8) |
|    | PRINTED NAME..... SIGNATURE.....   |
|    | OFFICIAL TITLE ..... DATE .....  |

- |    |   |
|----|---|
| 15 | NATIONAL RECORDER – This Masters Meet has fulfilled the rules mentioned in World Aquatics Rule MSW 5.3 and in the Masters Swimming World Record Application Instructions. |
|    | PRINTED NAME ..... SIGNATURE .....  |
|    | FEDERATION ..... DATE .....   |

- |    |                               |                          |                         |
|----|-------------------------------|--------------------------|-------------------------|
| 16 | WORLD AQUATICS RECORDER       | Long Course/Short Course | Approved / Not Approved |
|    | Reason for Non Approval ..... |                          |                         |
|    | Signature.....                | Date.....                |                         |



# COMPETITION WARM-UP SAFETY PROCEDURES

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Meet Management for all sanctioned Swim BC swimming competitions must ensure the following safety procedures are applied. It is incumbent on coaches, swimmers, and officials to work together to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

## GENERAL WARM-UP:

- Swimmers must enter the pool **FEET FIRST** in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- Running on the pool deck and running entries into the pool are prohibited.
- Meet Management may designate the use of sprint or pace lanes during the scheduled warm-up time. Any such lane usage must be communicated through a pre-competition handout or announcement and visible through on deck signage.
- **Swim BC recommends that**, where lane density exceeds 20 swimmers per lane SC or 40 swimmers per lane LC, Meet Management split warm-up to ensure a safe environment (swimmers per lane) exists (i.e. by club, gender or age). A split warm up must be communicated in some fashion prior to the start of warm-up. This can be through a pre-competition handout or email, a technical meeting, or a general announcement.
- Diving starts shall be permitted only in designated sprint lanes. Only one-way swimming from the start end of sprint lanes is permitted.
- Pools with backstroke starting ledges available may offer a designated lane for backstroke starts, at meet management's discretion. (This is not mandatory if not enough general lane space is available for the number of swimmers in the meet.)
- Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.
- Pre-event training shall be managed by the coaches and will have sufficient lifeguards on deck. There will be no Safety Marshals in place during pre-event training.
- Safety Marshals will not be in place during the competition in warm-up/warm-down pools.

## EQUIPMENT:

- Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the main warm-up pool during warm-up.
- Hand paddles and flippers are permitted for use in a secondary warm-up pool only (where available), at meet management's discretion and recommended only for national events or senior competitions.
- At meet management's discretion and based on available space, the Meet Manager may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. It is recommended that this only be allowed in secondary warm-up pools as space allows. Coaches are responsible for equipment reliability and use. This is recommended only for national events or senior competitions.

## VIOLATIONS:

***It is recognized that there is a level of interpretation and common sense that must be applied when applying these guidelines. Diving headfirst quietly into an empty pool at the start of warm-up is not the same as diving headfirst into a crowded lane. Judgment and context are required. This section is specific to diving violations and not equipment.***

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed, by the Meet Referee, without warning from their first individual event following the warm-up period in which the violation occurred and the alternates in that event notified should that event be a final. They may also receive a verbal warning from the Safety Marshal. Swimmers receiving verbal warnings will have their names and clubs registered with the Meet Manager and should subsequent violations occur the swimmer may be removed by the Referee without warning from their first individual event as noted above.
- In the case of a second offense during the same competition the swimmer may be removed from the remainder of the competition by the Meet Referee.





#### **SAFETY MARSHALS:**

The Safety Marshal is a trained position designated by Meet Management. Safety Marshals shall:

- Be visible by safety vest;
- Be situated at each end of the competition pool and when applicable, similarly situated in designated warm-up pools when pre-competition warm-ups are scheduled;
- Actively monitor all scheduled warm-up periods;
- Ensure participants comply with warm-up safety procedures and report violations to the Referee.

A minimum of 2 safety marshals are recommended for each of the 25m warm-up pools in use during short course competitions, and a minimum of 4 safety marshals are recommended for 50m warm-up pools in use during long course competitions.

Depending on the level of competition, Safety Marshals have a role to help work with coaches and swimmers to ensure a safe warm-up environment. This may include educating a younger swimmer on the procedures or communicating a concern to a coach.

Judgment, tact and confidence is required and therefore the Safety Marshal should ideally be a more experienced official.

#### **PARA SWIMMER NOTIFICATION:**

Coaches are requested to notify Meet Manager, prior to the meet, of any Para swimmers participating in warm-ups. Meet Management may designate a Para swimmer lane for warm-up when necessary.

The following statement must appear in all Swim BC sanctioned meet information and posted notices:

**"SWIM BC COMPETITION WARM-UP SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET."**

## CANADIAN RECORD APPLICATION – INDIVIDUAL EVENT

☐ Senior Record   ☐ Age Group Record   ☐ Para-swimming Record   ☐ Masters Record

Athlete's Name: \_\_\_\_\_ ☐ Male   ☐ Female

Date of Birth (mm/dd/yyyy): \_\_\_\_\_ Swimming Canada ID: \_\_\_\_\_

Club: \_\_\_\_\_ Age Group (if applicable): \_\_\_\_\_

Event: \_\_\_\_\_ Official Time (mm:ss.00): \_\_\_\_\_

Date of Record Swim (mm/dd/yyyy): \_\_\_\_\_ Para-swimming classification (if applicable): \_\_\_\_\_

Competition Name: \_\_\_\_\_ ☐ LC   ☐ SC

Date of Competition (mm/dd/yyyy): \_\_\_\_\_ - \_\_\_\_\_ Host Club: \_\_\_\_\_

Event Venue: \_\_\_\_\_ City, Province: \_\_\_\_\_

The following officials hereby validate the record breaking performance. The meet was duly sanctioned and advertised, and we certify that all Rules of Swimming Canada, relating to the establishing of a record, were observed.

### Meet Manager

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Signature: \_\_\_\_\_

### Referee

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Signature: \_\_\_\_\_

Please submit the following paperwork with form:

☐ Official event results including splits and back up times

Submitted By: \_\_\_\_\_ Email: \_\_\_\_\_

The record application form and required paperwork must be submitted to Swimming Canada by email at [natloffice@swimming.ca](mailto:natloffice@swimming.ca) within 7 days of performance.

## CANADIAN RECORD APPLICATION – RELAY EVENT

☐ Senior Record   
 ☐ Age Group Record   
 ☐ Para-swimming Record   
 ☐ Masters Record

Athlete's Name

Date of Birth (mm/dd/yyyy)

Swimming Canada ID

Leadoff: \_\_\_\_\_

#2: \_\_\_\_\_

#3: \_\_\_\_\_

#4: \_\_\_\_\_

Club: \_\_\_\_\_ ☐ Male    ☐ Female    ☐ Mixed

Event: \_\_\_\_\_ Official Time (mm:ss.00): \_\_\_\_\_

Date of Record Swim (mm/dd/yyyy): \_\_\_\_\_ Age Group (if applicable): \_\_\_\_\_

Competition Name: \_\_\_\_\_ ☐ LC    ☐ SC

Date of Competition (mm/dd/yyyy): \_\_\_\_\_ - \_\_\_\_\_ Host Club: \_\_\_\_\_

Event Venue: \_\_\_\_\_ City, Province: \_\_\_\_\_

Meet Manager

Referee

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Email: \_\_\_\_\_

Signature: \_\_\_\_\_

Signature: \_\_\_\_\_

The above mentioned officials hereby validate the record breaking performance of the applicant. The meet was duly sanctioned and advertised, and we certify that all Rules of Swimming Canada, relating to the establishing of a record, were observed.

Please submit the following paperwork with form:

☐ Official event results including splits and back up times

Submitted By: \_\_\_\_\_ Email: \_\_\_\_\_

The record application form and required paperwork must be submitted to Swimming Canada by email at [natloffice@swimming.ca](mailto:natloffice@swimming.ca) within 7 days of performance.