

# VPSC FALL INVITATIONAL OCTOBER 22-23

# Technical Package

Thank you to everyone coming to our meet this weekend, please read through this document for some additional information.

# TEAM CHECK-IN and PACKAGE PICK UP

Team check-in will happen under the Arena pop-up tent outside of the main entrance to the pool. Coaches will receive their team packages at that time, which will include wrist bands for each swimmer attending the meet. Please note, swimmers will need to have these wrist bands displayed to enter the facility throughout the weekend. Wrist bands can be placed on their backpacks or bags, and do not need to be worn

# **DISTANCE EVENTS**

After looking at the preliminary timelines, we will be allowing all swimmers who entered the 400 Freestyle to swim this weekend.

We will be asking coaches to complete a Positive Check-in for the 400, 800, and 1500 Freestyle. Deadline for positive check-in is 9:00AM on Sunday, October 23<sup>rd</sup>.

## Warmups

Athletes and coaches will be allowed into the facility 15 minutes prior to the start of warmups. Sprint lanes will be available for the last 20 minutes of warmups in lanes 0,1,8,9 on both sides of the pool. Lanes 0,1 will be dedicated to backstroke starts during sessions with a backstroke event.

Saturday AM: Warmup Start – 8:00am, Sprint Lanes - 8:30am Saturday PM: Warmup Start – 3:30pm, Sprint Lanes – 4:00pm Sunday AM: Warmup Start – 7:30am, Sprint Lanes – 8:00am Sunday PM: Warmup Start – 3:30pm, Sprint Lanes – 4:00pm

## **GETTING TO THE VENUE:**

The UBC Aquatic Centre is located at 6080 Student Union Blvd, Vancouver B.C.

The University of British Columbia's Point Grey campus is growing. There is on-going construction in the immediate vicinity of the UBC Aquatic Centre. We ask all participants, particularly those who have been on campus before, to familiarize themselves with our maps for the area as much of it has changed in the past few years.

The venue is located adjacent to the UBC Transit Exchange (aka "Bus Loop"). Transit information and trip planning information is available at <u>http://www.translink.ca/.</u>

Wayfinding to the UBC Aquatic Centre can be found at <a href="http://maps.ubc.ca/PROD/index\_detail.php?show=y,n,n,n,n,y&bldg2Search=&locat1=213">http://maps.ubc.ca/PROD/index\_detail.php?show=y,n,n,n,n,y&bldg2Search=&locat1=213</a>



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# PARKING

A parking map for the university can be found at <u>http://www.maps.ubc.ca/PROD/wherePark.php</u>. The closest parking to the venue is the <u>North Parkade, 6115 Student Union Boulevard</u>. However, with another event on campus please note there is additional parking is available at Health Sciences Parkade, 2250 Health Sciences Mall or Thunderbird Parkade, 6085 Thunderbird Boulevard

#### VENUE ENTRANCE:

The entrance to the UBC Aquatic Centre for spectators coming to view the event is located at the southeast corner of the building. You can find this door by passing the main entrance and following the ramp along the south side of the building to the top mezzanine entrance located at the southeast of the building. The main lobby entrance is open for all coaches, athletes and event volunteers. Access through emergency exits will <u>not</u> be permitted.

#### **SPECTATORS**

We are excited to welcome back Spectators for the 2022 VPSC Fall Invitational! Spectators will enter through the mezzanine doors on the southeast side of the building (as stated above). Doors will be open for spectators at the start of warm up for each session. Spectators are not allowed on deck and can only use the washrooms in the mezzanine. Spectators will need to vacate the mezzanine at the end of each session, so the pool staff can sanitize the area.

#### POOL DECK PROTOCOLS:

ALL event athletes, coaches, officials and volunteers are to respect the directions of UBC Aquatic Centre lifeguards and facility staff.

A single extended horn blast will be used to clearly communicate that all swimmers must exit the water.

All athletes and coaches only have access to Competition Pool deck in the seating areas provided around the pool. Please be aware that we are sharing the facility with the public throughout the weekend, and to not have your swimmers seated around the Recreation and Leisure pool.

No outside chairs are allowed in the UBC Aquatics Facility. If your swimmer arrives with one in tow, they will be asked to leave it outside.

Outside footwear is not permitted on the pool deck. Bare feet, aqua shoes or deck sandals/shoes only.

Clubs are allowed to access MacInnes Field (turf field beside bus loop) throughout the weekend. With the beautiful weather this month, clubs are welcome to use this space for dryland training and meal breaks.

A reminder that there is no food or drink on deck for all coaches, swimmers and volunteers. Coaches, please be aware that disposable coffee cups are not allowed on deck, please have all drinks in a reusable mug or water bottles. Absolutely <u>no glass containers</u> will be permitted in the facility.



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# <u>Wi-Fi:</u>

Wireless internet is available on the UBC campus. To connect, open your wireless setting and select the "UBC Visitor" network. After connecting to the network open your web browser. You will be prompted to read the internet terms of use and enter your email address, and you will then be connected to the internet.

#### <u>Washrooms</u>

Change room access is available in the Men's and Women's change rooms for event participants only. Universal change room will not be available for event participants.

#### Lockers

Day Use Lockers are available for \$1 or \$.025 depending on the size of the locker.

#### Food Locations Outside of the Facility:

There are several places to eat at the University Village, located at the corner of University Blvd and Westbrook Mall, or at The Nest, across from the UBC Aquatic Centre front lobby.

#### Lost and Found

Lost and found items are accessed via the Lifeguard Room of the UBC Aquatic Centre during the event. After the weekend of the swim meet, lost and found items will be donated to a local charity.

#### Tobacco/Cannabis-Free Facility

The UBC Aquatic Centre is a tobacco/Cannabis-free facility.

<u>UBC Aquatic Centre / UBC Athletics & Recreation Code of Conduct</u> All participants, athletes, officials, visitors are expected to respect the Code of Conduct and related Policies as published by UBC. <u>http://www.recreation.ubc.ca/home-page/policies/</u>

## WHAT IF I NEED ASSISTANCE?

The UBC Aquatic Centre lifeguard and operations desk staff will be happy to assist you. Please report any concerns about facility cleanliness or washroom supplies to facility staff or event organizers.

For emergencies, dial 911 for police, fire, or ambulance and alert facility staff immediately.

#### **UBC Aquatic Centre**

General information can be found here: http://www.recreation.ubc.ca/aquatics