

VICTORIA SYNCHRO

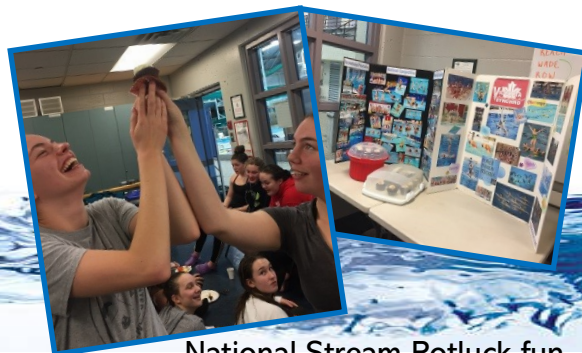
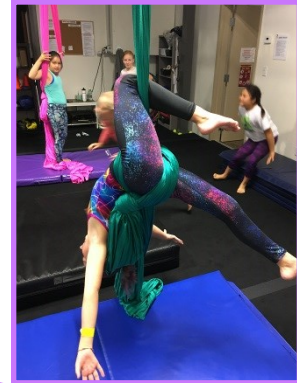
WELCOME

to a new season
of Synchro!

Oct 2019 Newsletter



Circus/Aerial workshop in September for our competitive athletes at The Rising - Victoria Centre



National Stream Potluck fun

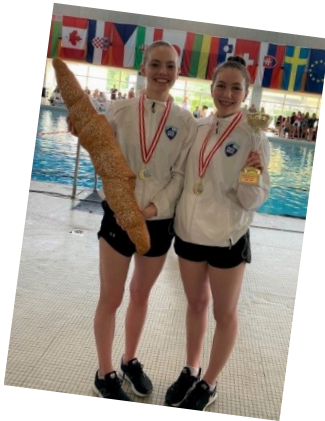


what have our athletes been up to?

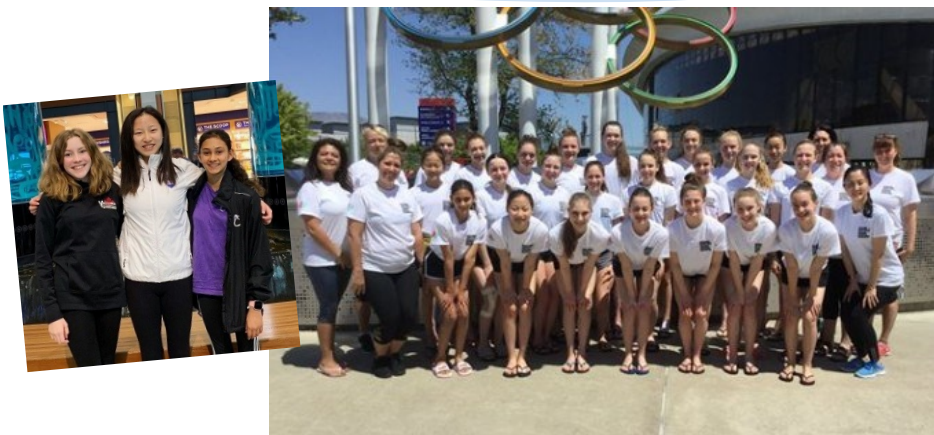
Austrian Open

Our own national stream athletes Hannah and Kaitlyn were invited to be part of a team from BC which competed in the May 2019 Austrian Open in Vienna. Other team members were from Pacific Wave and Burnaby Caprice Synchro clubs. The team won a gold medal in the Junior Technical Team event and Hannah ended up with an amazing fourth place finish for her technical solo.

Congratulations girls!



Canadian National Selection Camp



Following the National Championships in May, 24 athletes were invited to a Selection Camp that took place at Montréal's Olympic Stadium, from June 7-14. Maia, one of Victoria Synchro's National Stream athletes, was one of 3 BC athletes invited to attend! Well done Maia!

Maia sharing her experiences with other Victoria Synchro athletes

Upcoming Events:

<p>Sunday Nov 10th</p>	<p>No training for competitive groups</p>
<p>Dec 6-8, Surrey</p> 	<p>Training Meet Some of our Provincial Stream athletes will be attending</p>
<p>Dec 15, Victoria</p> 	<p>Victoria Synchro ISYNC fun event For all Synchro School swimmers!</p>
<p>Christmas Break:</p>	<p>Recreational Classes: Last day of classes before Christmas Break: Thurs Dec 19th</p> <p>Competitive Groups: Your coach will advise you of your schedule over Christmas</p>
<p>Jan 19th (Sunday)</p> 	<p>Winter Water Show—Mark your calendars! All classes and groups participate, more details closer to the event. AND BOTTLE DRIVE! Save your bottles!</p>
<p>Jan 24-26 Lower Mainland</p> 	<p>Synchro BC National Stream Provincial Qualifiers</p> <p>All National Stream athletes in BC compete in figures, elements and routines.</p>



ALL SYNCHRO SCHOOL swimmers are invited to our First ISYNC fun event of the year, **Sunday December 15th!**

A fun format club synchronized swimming event to encourage young swimmers to enjoy synchro, test their skills and practice competing!

SIGN UP on our website under the Events tab—look for ISYNC Dec 15th!

