

# VICTORIA SYNCHRO

# Mar 2020 Newsletter



## Feb 29th, Provincial & National Stream Club Fun Day

Our athletes received routine feedback from two guest judges. There were figures stations with judges and national stream athletes. Our national stream athletes buddied with provincial stream athletes and there was a yoga pose challenge and cheer contest !



### RESULTS:

**CONGRATULATIONS!** To all our national stream athletes and coaches - great results at the National Stream Provincial Championships! Next stop Ontario for the Canadian National Qualifiers later this month!

#### Solo Senior

**Technical Routine:**

1. MCDONAGH-PROUD, Hannah..... 73.5068

**Free Routine:**

1. MCDONAGH-PROUD, Hannah.....74.4000

#### Solo Junior Technical

3. BELL-MCLENAN, Maia.....69.9391

#### Duet Senior

**Technical Routine:**

1. AYLESWORTH, Kaitlyn / LAMBERT-WILSON, Mara ..... 68.8809  
(alternate Hannah)

**Free Routine:**

1. AYLESWORTH, Kaitlyn /MCDONAGH-PROUD, Hannah..... 73.4333  
(alternate Mara)

#### Duet Junior Technical

2. AKHURST, Anna / BELL-MCLENAN, Maia ..... 66.9897

#### Combo Team

1. VICTORIA SYNCHRO ..... 70.5667

Team consists of:

Maia, Anna, Avery, Alana, Zala, Haley, Cathy, Demi, Anke (alternate: Hannah)

#### Team Junior Technical

3. VICTORIA SYNCHRO ..... 68.2843

Team consists of:

Maia, Anna, Avery, Alana, Zala, Haley, Cathy, Anke (alternate: Demi)



*Jr Duet*



*Combo*





# Upcoming Events:

## SPRING BREAK



- All practices and Synchro School classes running week of March 16th
- No practices or Synchro School Classes March 22-28
- Sunday March 29th—Provincial Stream and Masters practices are back
- Week of March 30th Synchro School classes start again

March 23-29 Markham, ON



## Canadian Artistic Swimming National Qualifiers

All qualifying national stream athletes from across Canada will be competing to earn a place in the national championships.

April 24-26 Mable Moran  
Coquitlam



## Provincial Stream Provincial Qualifiers, Masters Provincial Championships and BC Summer Games Trials

All Provincial stream and masters athletes will be competing. Trials for athletes hoping to compete in the BC Summer Games.

May 4-9 Quebec City



## Canadian Artistic Swimming National Championships

All national stream athletes who qualified at the National Qualifiers in March will be competing.

